

# TAKE FIVE... for safety

Five minutes reading  
could save your life!



## HOW TO STAY CURRENT AS A PILOT

### What you need to fly

The *Canadian Aviation Regulations* tell us that pilots must have:

- [a valid licence or permit](#)
- [a valid medical certificate](#)
- [a valid aviation document booklet](#)

### How to stay current

In addition to meeting the requirements above, pilots must also stay current. Here's how:

#### 1. Every 6 months:

- Pilots who wish to carry 1 or more passengers must complete at least 5 takeoffs and 5 landings in the category and class\* of aircraft in which they carry passengers
- Pilots who wish to carry passengers at night must complete 5 takeoffs and 5 landings at night
- Glider pilots have the option of completing 2 takeoffs and landings with an instructor
- Balloon pilots are not allowed to land at night: if part of a balloon flight carrying passengers departs before dawn with the plan to land in the daylight, the pilot must have completed at least 5 landings during the day and 5 takeoffs at night (before dawn) in a balloon during the last 6 months

\*Class refers to whether the aircraft is meant for land or sea, whether it is single-engine or multi-engine, etc.

#### 2. Every 2 years, you must complete **one** of these training activities:

- Complete a flight review with an instructor
- Attend a [Transport Canada safety seminar](#)
- Participate in a [Transport Canada-approved recurrent training program](#)
- Complete the [self-paced study program](#), which is updated each year
- Complete a training program or pilot proficiency check required by Part IV, VI or VII of the *Canadian Aviation Regulations*
- Complete the requirements for the issue or renewal of a [licence, permit or rating](#)
- Pass the written [exam](#) for a licence, permit or rating

#### 3. Every 5 years, you must fly as pilot-in-command or co-pilot at least once in a category\*\* of aircraft for which you're licensed.

Pilots **who do not complete this requirement** must:

- successfully complete a flight review with an instructor, and
- pass the [Student Pilot Permit or Private Pilot Licence for Foreign and Military Applicants, Air Regulations](#) examination

\*\*Category refers to whether the aircraft is a glider, airplane, helicopter, balloon, gyroplane, etc.

To review the requirements in full, see the [Canadian Aviation Regulations, 421.05](#).

[canada.ca/general-aviation-safety](http://canada.ca/general-aviation-safety)



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